Morio Mizumoto was born in Kapoho, Hawaii on February 3, 1918. He was the son of Kenzo and Kuni (Maisaka) Mizumoto. He was educated at Kapoho School, Hawaii. Before his Army Service, he was a laborer at the Olaa Sugar Co., Ltd., Hawaii.

He was inducted into the Army on March 26, 1941 at Schofield Barracks, Oahu (Serial number, 30101159). He trained at Schofield Barracks, Oahu; Camp McCoy, Wisconsin; and Camp Shelby, Mississippi. He served with the 299th Infantry Regiment and the 100th Battalion, Company F, in Hawaii, the continental United States, Algeria and Italy. He was awarded the Purple Heart Medal, Asiatic-Pacific Campaign Medal, American Campaign Medal, European-African-Middle Eastern Campaign Ribbon and Medal, and the WW II Victory Medal.

Pvt Morio Mizumoto was killed in action on November 5, 1943, near Santa Maria Oliveto, Italy during the Salerno to Cassino Campaign. He is interred at the National Memorial Cemetery of the Pacific (Punchbowl), Honolulu, Oahu.