Hideo Nagata was born on August 16, 1916, in Paia, Maui. He was the son of Uichi and Matsu (Kawai) Nagata. He was educated at Maui High School and Maui Vocational School, Maui. Before entering the service, he was a student.

Hideo Nagata was inducted into the Army on at Schofield Barracks, Oahu (Serial number, 30100189). He trained at Camp Shelby, Mississippi. He served with the 442nd Regimental Combat Team and the 100th Battalion, Company C, in the continental United States and Italy. He was awarded the Purple Heart Medal, Combat Infantryman Badge, American and European-African-Middle Eastern Campaign Medals, and the World War II Victory Medal.

Pfc Hideo Nagata was killed in action near Sant’ Angelo d’ Alife and Venafro, Italy, on October 23, 1943, during the Salerno to Cassino Campaign. He is interred at the Makawao Veterans Cemetery, Makawao, Maui.